

Health Central University Class Catalog



January to June 2017

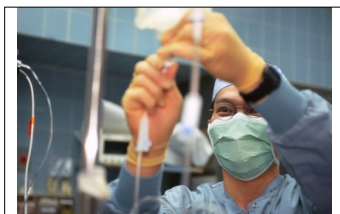


Health Central
Hospital

Clinical Excellence Academy

Welcome to
Health Central
University's
Class Catalog

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IV Therapy, Tools of the Trade

This course will cover the fundamentals of inserting a peripheral IV and the care and maintenance of PICCs, PORTs, and Central Lines.

Instructor: Kathy Volling

Dates: January 4, 2017; March 30, 2017; or May 30, 2017

Time: 8:00 a.m. to 10:00 a.m.

Location: Clinical Skills Lab

Contact Hours: Nursing 2 CEs

Non-Team Member Cost: \$20.00

IV Ultrasound Class for the Emergency Department Clinician

During this 1.5 hour class the learner will be provided with hands on experience as well as instructional materials to introduce them to the art of intravenous access, utilizing the technology of the ultrasound machine. After completion of this class the learner will have to complete 5 successful IVs with ultrasound to be deemed competent in this skill.

Instructor: Robin Vallebuona

Dates: January 27, 2017 or March 23, 2017

Times: 8:00 a.m. to 9:30 a.m.

Location: Emergency Department

Bard Site Rite & IV Ultrasound System

Hands-on instructions on how to use the IV Ultrasound system in the Med-surg areas will be provided.

Only Team Members of Orlando Health. Limit 8 team members per class.

Instructor: Kathy Volling

Dates: January 4, 2017; March 30, 2017 or May 30, 2017.

Times: 10:00 a.m. to 11:00 a.m.

Location: Clinical Skills Lab 4th floor on TMU

Care of the Post PCI patient

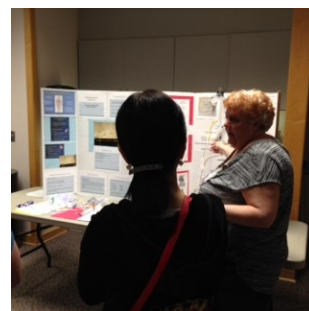
This class discusses the appropriate care of post PCI patients. Includes sheath pulling and transducing lines. Open to all HC RNs. Required for all ICC and all new CCU RNs.

Instructor: Alison Ruiz

Dates: February 16, 2017 9:30 a.m. to 12:30 p.m. or April 6, 2017 2:00 to 5:00 p.m.

Location: Bradford room

Contact Hours: Nursing 2.5 CEs



Wound VAC Level 1

Nurses will learn how to place, maintain, and troubleshoot a wound negative pressure dressing.

Only Team Members of Orlando Health.

Instructors:

Kathy Volling and Karen Weissman

Dates and times in the Bradford Room:

January 16, 2017 — 8:00 a.m. to 9:30 a.m.

February 6, 2017 — 3:00 p.m. to 4:30 p.m.

February 27, 2017 — 8:00 a.m. to 9:30 a.m.

March 20, 2017 — 3:00 p.m. to 4:30 p.m.

April 10, 2017 — 8:00 a.m. to 9:30 a.m.

May 1, 2017 — 3:00 p.m. to 4:30 p.m.

May 22, 2017 — 8:00 a.m. to 9:30 a.m.

June 12, 2017 — 3:00 p.m. to 4:30 p.m.

Contact Hours: Nursing 1.5 CEs



For classes please remember to follow the dress code — professional attire or scrubs.

Clinical Excellence Academy

Patient Mobility

This program is designed to prepare team members to safely mobilize patients while maintaining proper body mechanics. Class content includes the use of gait belts, Hoyer lifts and standing frames. The content is offered in a hands-on interactive format.

Only Team Members of Orlando Health.

Instructors: HCU Educators

Dates: January 13, 2017; February 3, 2017; February 24, 2017; March 17, 2017; April 7, 2017; April 28, 2017; May 19, 2017; June 9, 2017 **or** June 30, 2017.

Times: 10:15 a.m. to 11:15 a.m.

Location: Gleason Room

Contact Hours: Nursing 1 CEs

Falls Fair 2017

This program gives participants a review of fall precautions and the opportunity to practice with bed alarms. Upon completion of this class, participants will have a greater understanding of interventions to prevent or minimize patient falls.

Only Team Members of Orlando Health.

Instructors: HCU Educators

Dates: January 13, 2017; February 3, 2017; February 24, 2017; March 17, 2017; April 7, 2017; April 28, 2017; May 19, 2017; June 9, 2017 **or** June 30, 2017.

Times: 11:15 a.m. to 12:15 p.m.

Location: Gleason Room

Contact Hours: Nursing 1 CEs

Fundamentals of Ventilator Dependent Patients

This two-hour course will provide nurses with fundamental knowledge of how ventilators work and how to safely manage/troubleshoot ventilator dependent patients until a respiratory therapist is available.

Only Team Members of Orlando Health.

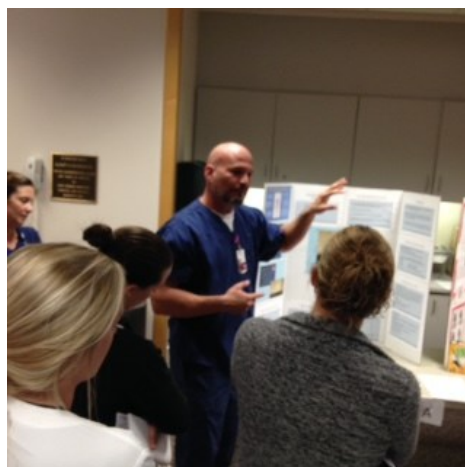
Instructor: Respiratory Department

Dates: March 7, 2017; **or** June 15, 2017.

Times: 8:00 a.m. - 10:00 a.m.

Location: Bradford Room

Contact Hours: Nursing 2 CEs



Radiology 101

An educational offering for clinical personnel that would like a better understanding of the imaging department. The class includes a tour and overview of each modality in the imaging department. Upon completion of this offering, participants will have a greater understanding of the roles radiology provides, including personnel, philosophy, operations, and accreditation requirements.

Only Team Members of Orlando Health.

Instructor: Radiology Staff

Dates: January 10, 2017; January 31, 2017; February 21, 2017; March 14, 2017; April 4, 2017; April 25, 2017; May 16, 2017; June 6, 2017; **or** June 27, 2017.

Times: 2:15 p.m. to 3:15 p.m.

Location: Radiology Department

Contact Hours: Nursing 1 CE

Lab 101

This course is an educational offering for clinical personnel needing a better understanding of the clinical laboratory processes. It includes a tour and overview of each area in the laboratory. Upon completion of the tour, participants will have a greater understanding of the clinical laboratory, including personnel, theory, operations, and accreditation requirements.

Only Team Members of Orlando Health.

Instructor: Laboratory Staff

Dates: **(One day only)**

February 15, 2017 & May 10, 2017

Times: 1:15 p.m. to 2:15 p.m.

Location: Laboratory Department

Contact Hours: Nursing 1 CE

Pharmacy 101

The Pharmacy You Don't See

Pharmacy 101 takes you behind the scenes in the pharmacy and show you the path an order takes from the time it is received in the pharmacy until the medication is delivered. We will also discuss recent changes to improve patient care and safety, including the new IV room and demonstrations of the PACMED and Med Carousel. Upon completion of this course, participants will have a greater understanding of the challenges that occur in the medication delivery process and ways to help prevent them. This course is open to nurses and other clinical personnel.

Only Team Members of Orlando Health.

Limited to 10 participants.

Instructor: Pharmacy Staff

Dates: February 15, 2017 & May 10, 2017

Times: 2:30 p.m. to 3:30 p.m.

Location: Pharmacy Department

Contact Hours: Nursing 1 CE



For classes please remember to follow the dress code — professional attire or scrubs.

Clinical Excellence Academy

Education Resource Nurse Workshop

This course provides an overview of the requirements of the Education Resource Nurse to fulfill the expectations of the Clinical Ladder Level 4.

Only Team Members of Orlando Health.

Instructor: Karen Weissman

Date: March 27, 2017

Time: 8:00 a.m. to 10:00 a.m.

Location: Bradford Room

Contact Hours: Nursing 2 CEs



Diabetes Resource Nurse Workshop

This program is for nurses interested in assuming the role of a Diabetic Resource Nurse (DRN) on a specific clinical unit. The DRN is an adjunct to the current role as a clinical nurse and meets some of the requirements for the Health Central clinical ladder. This initial DRN course begins the preparation of the clinical nurse to provide diabetic education as a resource to staff and diabetic patient populations. The participant will be able to recognize and assist with practice change with inpatient diabetics, develop staff education material using adult learning principles, and provide patient education for a diverse diabetic patient population.

Only Team Members of Orlando Health.

Instructor: Karen Weissman

Date: February 7, 2017 or May 31, 2017

Time: 8:30 a.m. to 12:30 p.m.

Location: Bradford Room

Contact Hours: Nursing 4 CEs

Diabetes 101

This course will provide an overview of the causes of diabetes, type 1, type 2, medications, and blood glucose monitoring.

Instructor: Karen Weissman

Dates: January 12, 2017; February 2, 2017; February 23, 2017; March 16, 2017; April 6, 2017; April 27, 2017; May 18, 2017; June 8, 2017; or June 29, 2017

Time: 3:30 p.m. to 4:30 p.m.

Location: Bradford Room

Contact Hours: Nursing 1 CE

Preparing for Certification Exams

Becoming certified is one of the best ways to validate your advanced clinical knowledge, and identify yourself as an expert in your specialty. The content will include: what to expect from the exam, managing test anxiety, and study skills. Upon completion of this course learners will be better equipped to begin preparing for certification exams.

Only Team Members of Orlando Health.

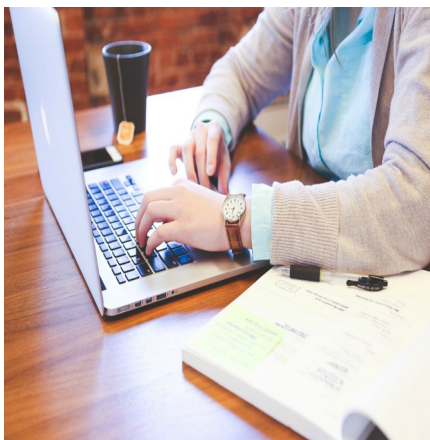
Instructor: Karen Weissman

Dates and Times:

March 9, 2017 — 3:00 p.m. to 4:00 p.m.

Location: Bradford Room

Contact Hours: Nursing 1 CE



Review of Basic Nursing Equipment for Nurses and Nurse Tech's

Review of the Life pack, SCDs, feeding pump, IV pump, PCA pump, seizure precautions, suction set up, oxygen set up, Stryker T pump, suctioning and trach care, and any other skills or basic nursing equipment not reviewed in other classes.

Only Team Members of Orlando Health.

Limit 8 team members per class.

Instructor: Kathy Volling

Dates: January 18, 2017; February 8, 2017; February 28, 2017; March 23, 2017; April 11, 2017; June 1, 2017 or June 14, 2017.

Times: 8:00 a.m. to 9:30 a.m.

Location: Clinical Skills Lab 4th floor on TMU

Contact Hours: None



Stress and Time Management for Healthcare Providers

How to manage your time and stress levels while working.

Only Team Members of Orlando Health.

Limit 8 team members per class.

Instructor: Kathy Volling

Dates: February 15, 2017 or June 8, 2017

Times: 8:00 a.m. to 9:00 a.m.

Location: Bradford Room

Contact Hours: None



For classes please
remember to follow the dress code: Professional attire or scrubs.

Clinical Excellence Academy



Sepsis Fair

Simulation approach to teach RNs about Sepsis scoring and treatment.

Only Team Members of Orlando Health.

Instructor: Alison Ruiz

Dates and times in the Gleason Room:

January 23, 2017 - 10:00 a.m. to 11:00 a.m.;

February 6, 2017 - 1:30 p.m. to 2:30 p.m.;

February 27, 2017 - 10:00 a.m. to 11:00 a.m.;

March 20, 2017 - 1:30 p.m. to 2:30 p.m.;

April 10, 2017 - 10:00 a.m. to 11:00 a.m.

May 1, 2017 - 1:30pm to 2:30 p.m.;

May 22, 2017 - 10:00 a.m. to 11:00 a.m.; or

June 12, 2017 - 1:30 p.m. to 2:30 p.m.

Contact Hours: Nursing 1 CE

Acute Care of the Mentally Ill Patient

Review of the common psychological diagnoses seen at Health Central and common treatments. Includes interventions for how to manage the patients.

Only Team Members of Orlando Health.

Limit 8 team members per class.

Instructor: Kathy Volling

Dates and times:

March 2, 2017 - 8:00 a.m. to 10:00 a.m.; or

May 9, 2017 - 1:30 p.m. to 3:30 p.m.

Times: 8:00 a.m. to 10:00 a.m.

Location: Bradford Room

Contact Hours: None

Managing Agitated Behaviors and Verbal De-Escalation

The course describes verbal techniques that can be used to de-escalate situations where patients, visitors, or others are becoming agitated. The course also provides tips in keeping staff members safe when caring for agitated patients.

Only Team Members of Orlando Health.

Instructor: Kathy Volling

Dates: January 17, 2017; March 22, 2017;

or May 23, 2017

Times: 8:00 a.m. to 9:30 a.m.

Location: Bradford Room

Contact Hours: Nursing 1.5 CEs

Preceptor Workshop

Do you orient new team members? Do you provide education to members of your department? If the answer is "yes", this is the workshop for you! The workshop will provide skills and techniques to deliver effective department based education and new team member orientation. The content will include topics regarding the principles of teaching and learning, writing goals and objectives, individualizing the unit orientation and more.

Only Team Members of Orlando Health.

Pre-requisite: Approval by Department Director and the Director will notify Maria Rios-Medina in HCU with the approved names.

Instructor: HCU Team

Dates: March 8, 2017 or June 14, 2017

Times: 8:00 a.m. to 5:00 p.m.

Location: Gleason Room

Contact Hours: Nursing 8 CEs



Preceptor Recertification Class

This program is designed for current preceptors who have been in the role for the past 2 years. The content will include updates on educational methodologies to enhance the role of preceptor. This program is a mandatory requirement to maintain preceptor certification.

Only Team Members of Orlando Health.

Pre-requisite: Preceptor Workshop or previous recertification class within the last two years. To register send request via email to maria.rios-medina@healthcentral.org.

Instructor: Tony Morales

Dates: February 6, 2017, April 17, 2017 or June 28, 2017.

Times: 8:00 a.m. to 10:00 a.m.

Location: Gleason Room

Contact Hours: Nursing 2 CEs

Medical-Surgical Certification Review and Study Session

Review of questions and material on the exam. Each session covers different questions and material, so sign up for as many as you need.

Only Team Members of Orlando Health.

Limit 8 team members per class.

Instructor: Kathy Volling

Dates and Times: January 25, 2017 - 8:00 a.m. to 9:00 a.m.; February 20, 2017 - 2:00 p.m. to 3:00 p.m.; March 28, 2017 - 8:00 a.m. to 9:00 a.m. April 18, 2017, 8:00 a.m.-9:30 a.m. Or June 21, 2017 - 8:00 a.m. to 9:00 a.m.

Location: Bradford Room

Contact Hours: None

Handling Difficult Situations: Customer Service for Healthcare Professionals

This class identifies and defines your "customer" and provides a six step process to better deal with difficult situations, along with calming skills. Includes handouts and case studies.

Only Team Members of Orlando Health.

Instructor: Presented by Vitas

Date: February 9, 2017

Times: 12:30 to 1:30

Location: Gleason Room

Contact Hours: 1 CE



Music Therapy: Enhancing Quality of Care

Provides information on one of VITAS' premiere services and how music benefits our patients and families.

Only Team Members of Orlando Health.

Instructor: Presented by Vitas

Date: March 6, 2017

Times: 12:30 to 1:30

Location: Gleason Room

Contact Hours: 1 CE

For classes please remember to follow the dress code — professional attire or scrubs.

Clinical Excellence Academy

Ethical Challenges in End-of-Life Care for Dementia Patients

Discuss how to predict prognosis in end-stage (ES) dementia patients, the challenges of self-determination and loss of self-control and how to maintain quality of life for ES dementia patients. Reviews treatment issues and the importance of recognizing caregiver needs.

Only Team Members of Orlando Health.

Instructor: Presented by Vitas

Date: April 21, 2017

Times: 12:30 to 1:30

Location: Gleason Room

Contact Hours: 1 CE

Discussing DNR Options

Provides training tools to ensure confidence when presenting and discussing a Do Not Resuscitate (DNR) order.

Only Team Members of Orlando Health.

Instructor: Presented by Vitas

Date: June 8th, 2017

Times: 12:30 to 1:30

Location: Gleason Room

Contact Hours: 1 CE



End-Stage Heart Disease

Provides description of the heart, its normal functions, the four categories of heart disease and other cardiac disorders. Identifies determining criteria used for hospice appropriateness.

Only Team Members of Orlando Health.

Instructor: Presented by Vitas

Date: May 30, 2017

Times: 12:30 to 1:30

Location: Gleason Room

Contact Hours: 1 CE

Fundamentals of ECG/EKG Interpretation for Non-Clinical Staff

This course is designed to teach basic 3-5 lead ECG interpretation to individuals with little to no medical experience. By the end of this class the learner will be able to name basic anatomy, interpret wave forms on a telemetry monitor, and use proper medical terminology to name basic arrhythmias.

Contact Maria Rios-Medina at

407-296-8795 or e-mail

maria.rios-medina@healthcentral.org for copies of the course materials.

Instructor: Robin Vallebuona

Dates & Locations: Two 4-hour sessions

May 5 & 8, 2017— Education Conference Room

Times: 8:00 a.m. to 12:00 p.m.

Contact Hours: Nursing 8 CEs

Supplies: Purchase an ECG book of choice and read prior to class.

Non-Team Member Cost: \$80

Fundamentals of ECG/EKG Interpretation for Clinical Staff

The fundamental ECG course is provided to teach basic 3-5 lead ECG interpretation to RNs and Paramedics. We will review some basic anatomy, interpret wave forms on a telemetry monitor, and use proper medical terminology to name basic arrhythmias, as well as discuss treatments for lethal arrhythmias.

Contact Maria Rios-Medina at

407-296-8795 or e-mail

maria.rios-medina@healthcentral.org for copies of the course materials.

Instructor: Robin Vallebuona

Dates & Locations: Two 4-hour sessions

March 3 & 6, 2017 — Bradford Room; or

June 2 & 5, 2017— Bradford Room.

Times: 8:00 a.m. to 12:00 p.m.

Contact Hours: Nursing 8 CEs

Supplies: Purchase an ECG book of choice and read prior to class.

Non-Team Member Cost: \$80



12 Lead ECG/EKG

This 2.5 hour class is designed to teach nurses and other healthcare providers the fundamentals of 12 lead ECG abnormalities associated with ischemia, injury and patterns of infarction. ST elevation (STEMI) and non-ST elevation myocardial Infarctions (NSTEMI) will be discussed. **Pre-requisite:** Fundamental ECG is a prerequisite to this course.

Contact Maria Rios-Medina at 407-296-8795 or e-mail

maria.rios-medina@healthcentral.org for copies of the course materials

Instructor: Robin Vallebuona

Date: February 17, 2017 or April 11, 2017

Time: 8:00 a.m. to 10:00 a.m.

Location: Bradford Room



ECG/EKG Simulation for Monitor Techs and Paramedics

Every quarter, Nurses, Paramedics, and Techs whose job is to monitor telemetry must attend this refresher course. By the end of the 15 minute refresher, the learner will have identified common rhythms that could be encountered during any shift.

Only Team Members of Orlando Health.

Instructors: Alison Ruiz

Dates & Times (fifteen minute sessions):

February 7, 2017 - 7:30 a.m. to 8:45 a.m.

February 8, 2017 - 10:00 a.m. to 11:45 a.m.

February 14, 2017 - 9:00 a.m. to 10:45 a.m.

February 15, 2017 - 7:30 a.m. to 8:45 a.m.

May 10, 2017 - 7:30 a.m. to 8:45 a.m.

May 12, 2017; - 9:00 a.m. to 10:45 a.m.

May 16, 2017 - 9:00 a.m. to 10:45 a.m.

May 17, 2017 - 7:30 a.m. to 8:45 a.m. or

Location: Clinical Skills Lab (inside TMU)

Contact Hours: None

Life Support Classes

Basic Life Support (BLS) AHA BLS Healthcare Provider

The AHA BLS card cannot be expired. Non-team member must bring a non-expired BLS card for entry into the class. All participants must be prepared for a written and skills examination. Please follow the dress code: scrubs or professional attire, suitable for floor bending, kneeling and compressions.

Instructor: AHA BLS Instructor

Dates: January 4, 2017; January 24, 2017; February 8, 2017; March 7, 2017; March 29, 2017; April 19, 2017; May 9, 2017; May 31, 2017; **or** June 21, 2017.

Times: 8:00 a.m. to 12:00 p.m.

Location: Gleason Room

Contact Hours: No CE hours for renewals

Supplies: Textbook \$12.00 or loaner books in HCU for Health Central Team members.

Non-Team Member Cost: \$50.00

BLS Online Healthcare Provider CPR Course Part 1

This course offers a flexible CPR training option for healthcare professionals to receive renewal certification. .

You must go directly to the website and purchase the course.

The website is <http://www.onlineaha.org>

Go to the course catalog and purchase the course "BLS for Healthcare Provider Online Part 1." The cost is \$22.00.

Once you have completed Part 1 online, bring the certificate of completion with you to the Skills Check-offs. The Skills Check-off is a skills check-off, not a training session. Come prepared to demonstrate full adult and infant scenarios. You must demonstrate proficiently to successfully pass the course.



BLS Healthcare Provider CPR Skills Check-offs– Part 2

Pre-requisite: Online BLS Healthcare Provider CPR Part 1 in American Heart Association website prior to skills check-offs.

This is not a teaching session, come prepared to demonstrate full adult and infant scenarios. You must know the skills proficiently to pass. Once you have completed Part 1 online, bring the certificate of completion with you to the Skills Check-off. You must be on time, in order to participate in the skills check-off. **Please follow the dress code: scrubs or professional attire, suitable for floor bending, kneeling and compressions.**

Instructor: AHA BLS Instructor

Dates in the Bradford Room:

January 3, 2017; January 30, 2017; February 28, 2017; March 1, 2017; March 31, 2017; April 3, 2017; April 28, 2017; May 1, 2017; May 30, 2017; June 1, 2017; **or** June 30, 2017.

Dates in the Gleason Room: January 31, 2017 March 1, 2017

Times: 8:00 a.m. to 10:00 a.m.

Contact Hours: No CE hours for renewals

Non-Team Member Cost: \$25.00



Mock Code

During this two hour simulation driven class the team will spend the first hour familiarizing themselves with the code cart, as well as the Lifespan 20 and its functions. In the second hour the team will run through a simulation Mock Code practicing lifesaving skills and the documentation that goes along with it.

Only Team Members of Orlando Health.

Limit 8 team members per class.

Instructor: Robin Vallebuona

Dates: February 15, 2017; April 12, 2017; **or** June 23, 2017.

Times: 8:00 a.m. to 10:00 a.m.

Location: Clinical Skills Lab 4th floor on TMU

Contact Hours: Nursing 2 CEs

ACLS CLASS

ACLS Full Certification

This advanced course highlights the importance of high-performance team dynamics and communication, systems of care, recognition and intervention of cardiopulmonary arrest, immediate post-cardiac arrest, acute dysrhythmia, stroke, and acute coronary syndromes.

- Course uses learning stations for practice of essential skills simulated clinical scenarios that encourage active participation.
- Hands-on class format reinforces skills proficiency.

Classroom-based works well for learners who prefer group interaction and instructor feedback while learning skills.

May 5 & 8, 2017

Location: Gleason Room

ACLS Re-Certification

This one day advanced course highlights the importance of high-performance team dynamics and communication, systems of care, recognition and intervention of cardiopulmonary arrest, immediate post-cardiac arrest, acute dysrhythmia, stroke, and acute coronary syndromes.

- Course uses learning stations for practice of essential skills simulated clinical scenarios that encourage Active participation.
- Hands-on class format reinforces skills proficiency.

Classroom-based works well for learners who prefer group interaction and instructor feedback while learning skills.

February 13, 2017

Times: 8:00 a.m. to 5:00 p.m.

Location: Gleason Room



For classes please remember to follow the dress code — professional attire or scrubs.

ACLS, PALS, TNCC, & S.T.A.B.L.E. Classes at Orlando Health (ORMC)

American Heart Reminders:

Renew your ACLS, BLS, NRP and PALS certifications **BEFORE** they expire! *There is no “grace period” after the month of the expiration date.*

**You must register early
Classes fill up fast.**

To Register:

Please click on the “new HC user” link for “Orlando Health’s Institute of Learning.”

New HC User: <https://orlandohealth.csod.com/selfreg/register.aspx?c=hc>

Create an account

Once you are in the “Orlando Health’s Institute of Learning” program:

- click on the search box located on the upper right hand side of the screen.
- Enter the name of the class. Ex: ACLS or PALS
- At the bottom you will see the choices. Ex: ACLS Provider (this is the full certification class), ACLS Renewal, etc.
- Click on the class you want. A new window will open with the class details. Scroll down to view all classes including dates and availability.
- Choose your class.

To finalize the registration process you have to pay with a credit card, if there is a fee.

Note: To return to the “Orlando Health’s Institute of Learning” program you have to use the following link:

Returning HC User:

<https://orlandohealth.csod.com>

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.

For Dates, times, location and class costs please log in to the Orlando Health Institute of Learning website.

- **ACLS/BLS Provider Course**
- **ACLS/BLS Renewal Course**
- **PALS/BLS Provider Course**
- **PALS/BLS Renewal Course**

- **S.T.A.B.L.E. Program**

This program focuses on the post-resuscitation/pre-transport stabilization care of sick newborns. S.T.A.B.L.E. serves as a concise educational tool to organize the myriad of details necessary to stabilize and care for sick infants.

- **Trauma Nursing Core Course (TNCC)**

This two-day course is designed to provide core-level trauma knowledge and psychomotor skills associated with the delivery of professional nursing care to the trauma patient.



American Heart
Association® 

Professional Development Academy

Nonviolent Crisis Prevention & Intervention Training

This course teaches staff to respond effectively to the warning signs that someone is beginning to lose control. Staff will learn how to deal with their own stress, anxieties, and emotions when confronted with these challenging situations.

Only Team Members of Orlando Health.
Requirement: Minimum 5 people registered to hold class.

Instructor: Ken Ramkissoon

Dates: January 27, 2017, March 20, 2017, or June 19, 2017

Times: 8:00 a.m. to 2:00 p.m.

Location: Check Net Learning for Location

Contact Hours: Nursing 6 CEs

Nonviolent Crisis Prevention & Intervention Renewal

This four hour program requires recertification every 2 years.

Only Team Members of Orlando Health.
Requirement: Minimum 5 people registered to hold class.

Instructor: Ken Ramkissoon

Dates: February 17, 2017 or April 21, 2017.

Times: 8:00 a.m. to 11:00 a.m.

Location: Gleason Room

Contact Hours: Nursing 4 CEs

Patient Experience

Patients usually cannot assess the technical quality of their care. However, examining a hospitalization through the patients' eyes can reveal important information about quality of care. Patients' experiences often reveal how well a hospital system is operating and can stimulate important insights into the kinds of changes needed to close the gap between the care provided and the care that should be provided. The patient experience class focuses on the patient's perspective and means to improve the patients' hospital experience.

Only Team Members of Orlando Health.

Instructor: Alison Ruiz

Dates: January 13, 2017; February 3, 2017; February 24, 2017; March 17, 2017; April 7, 2017; April 28, 2017; May 19, 2017; June 9, 2017 or June 30, 2017.

Times: 8:00 a.m. to 10:30 a.m.

Location: Gleason Room

Contact Hours: No CE hours

Meet the Health Central University Team!

From top to bottom:

· ***Anthony Morales (Tony)***

Director of Health Central University - 407-253-8798

· ***Kathleen Volling (Kathy)***

Clinical Nurse Educator, MSU and TMU - 407-253-8788

· ***Kam McSwain***

Education Development Specialist - 407-253-2538

· ***Maria Rios-Medina***

Department Secretary and Life Support Site Coordinator - 407-253-8795

· ***Robin Vallebuona***

Clinical Nurse Educator, Emergency Department and Chest Pain Center - 407-253-2522

· ***Karen Weissman***

Clinical Nurse Educator, AMU, Dialysis, OSU and SCU - 407-296-1764

· ***Alison Ruiz***

Clinical Nurse Educator, CVICU, ICC and Cath Lab - 407-296-1445

· ***Kristin Yager***

Clinical Nurse Educator, Perioperative Units - 407-253-8958



Community Health Academy



Safe Sitters

Safe Sitter is a medically accurate, hands-on, class that teaches boys and girls ages 11 to 13 how to handle emergencies when caring for children. Safe Sitters will also learn babysitting business skills, how to entertain children and keep them safe.

Instructor: Robin Vallebuona & Maria Rios-Medina

Dates: 2-day classes

June 2 & 3, 2017; June 16 & 17, 2017 or July 14 & 15, 2017.

Times: 9:00a.m. to 3:30p.m.

Location: Gleason Room

Cost: \$40.00 for Orlando Health Team Members' children

Non-Team Member Cost: \$50



Medical Quality Assurance Board Continuing Education Information



Florida Board of Nursing

Health Central of Orlando Health is an approved provider of continuing education by the Florida Board of Nursing (#50-864).

All Florida-licensed RN's (including CNS and ARNP) and LPNs are required to complete 24 hours of appropriate continuing education (CE) during each renewal period, including two (2) hours relating to prevention of medical errors. In addition to these 24 hours of general CE, each RN and LPN must complete two (2) hours of domestic violence CE every third renewal for a total of 26 hours. HIV/AIDS is now a one-time, 1-hour CE requirement to be completed prior to the first initial renewal.

All Nurses, starting in 2015, must complete a 2-hour course on the laws and rules that govern the practice of nursing in Florida.

All CNAs must complete a minimum of 12 hours of in-service training each calendar year. Every 2 years, in-service training hours shall include, but are not limited to, the following areas: Bloodborne Pathogens, Infection Control, Domestic Violence, Medical Record Documentation and Legal Aspects Appropriate to Nursing Assistants, Resident Rights, Communication with cognitively impaired clients, CPR skills, and Medical Error Prevention and Safety.

For Licensing and Renewal Requirements consider the following web-site.

<http://www.flhealthsource.gov/requirements>

In addition to many continuing education modules, Health Central University also provides the following Florida State Board approved education:

Domestic Violence (2 CE)

Approved for:

- Florida Board of Nursing
- Florida Board of Respiratory Care
- Florida Council of Dietetics and Nutrition
- Florida Council of Licensed Midwifery
-

HIV (2 CE)

Approved for:

- Florida Board of Nursing
- Florida Board of Clinical Laboratory Personnel
- Florida Board of Nursing Home Administrators
- Florida Board of Massage Therapy
- Florida Board of Physical Therapy Practice
- Florida Council of Dietetics and Nutrition
- Florida Council of Licensed Midwifery

Medical Errors (2 CE)

Approved for:

- Florida Board of Nursing
- Florida Board of Respiratory Care
- Florida Council of Dietetics and Nutrition
- Florida Council of Licensed Midwifery

Nursing Laws and Rules (2 CE)

Approved for:

- Florida Board of Nursing

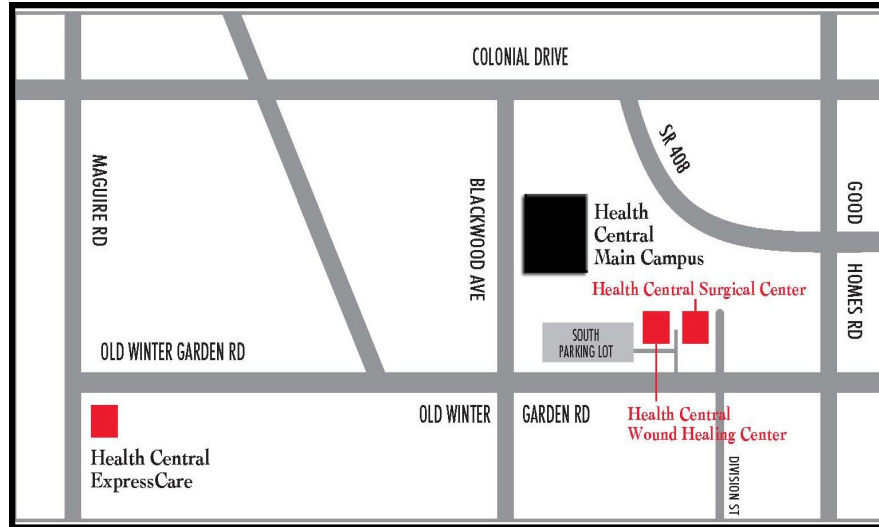
Florida Council of Dietetics and Nutrition

Courses approved by any Board within the Division of Medical Quality Assurance of the Florida Department of Health and which course clearly relates to maintaining skills necessary for the safe and competent practice of dietetics and nutrition services. Examples: Medical Errors, HIV/AIDS, General, Management, Risk Management, Personal Growth, and Educational Techniques.

Florida Board of Respiratory Care

Approved for courses that are approved by the board of nursing related to general direct delivery of respiratory care services, and non-direct patient care education approved for Personal Growth, Management, Risk, Emergency Preparedness, Educational Techniques, Medical Errors, and HIV.

Location of Health Central Hospital
For more information, please see our website at healthcentral.org



Health Central University Information

How to Register for Classes for Non-Team members of Orlando Health Central:

In Person:

Health Central University, 5th floor
Health Central Hospital
10000 W. Colonial Drive
Ocoee, FL 34761
Office Hours:
Mon & Fri - 7:00 a.m. to 3:30 p.m.
Tues, Wed & Thurs - 8 a.m. to 4:30 p.m.

By Phone:

407-296-8795
Register by phone using Visa / MasterCard / American Express/Discover

By Mail:

Health Central University
Health Central Hospital
10000 W. Colonial Drive
Ocoee, FL 34761
ATTN: Maria Ríos-Medina

How to Register for Classes for Health Central Team members:

Three easy ways to register:

- **HCNet:** HCNet can only be accessed onsite within Health Central, Express Care, or Health Central Park. You can open Internet Explorer and type hcnet in the web address area or type the below link. <http://hcnet/intranet/>
- **Health Central's website:** www.healthcentral.org Click on the **Services** tab, then click **Health Central University**, then click on the "Click here for MyNetlearning".
- **MyNetLearning address:** <https://lms.netlearning.com/mynetlearning/healthcentral>



PAYROLL DEDUCTION AVAILABLE.

Email Confirmations and Reminders

Staff can enter their email addresses (home or work) in NetLearning in order to receive confirmation and reminder emails on classes they sign up for in NetLearning. Under "Main Menu" (to the right of "Sign Out") click "Edit my profile" and a pop-up box will appear where they can enter the email address.

Cancellation Policy

There is a 48-hour cancellation policy. Written and/or verbal notification must be received 48 hours prior to the class, or the following will apply: A "no show fee" will be charged to the student as per terms in NetLearning. If the class has a fee, it will not be refunded. Health Central University has the right to cancel programs and notify participants accordingly.

Refunds

If you have cancelled the class according to the cancellation policy, you are eligible for a refund if the class has a fee. It takes about 3 weeks for a refund to be processed. A refund check will be sent to the address provided at the time of registration.

Health Central University Registration Form

Mail this form with fee (payable to Orlando Health Central Inc.)

Health Central Hospital
Attn: Health Central University Department
10000 W. Colonial Dr., Ocoee, FL 34761
Phone: 407/253-8795

PLEASE PRINT: Must be completely filled out to be accepted for registration.

Today's Date: _____ Class Name _____ Class Date _____

Class Time: _____ Class Fee: _____ Classroom: _____

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone No: _____ Work Phone No. or
Cell Phone No: _____

Professional License No: _____
(Required for Continuing Education)

To be completed by the Health Central University Office:

Renewal date of card(s): _____ ☐ Copy of card(s) enclosed (required)

Textbook: ☐ Paid ☐ Mailed (Date): _____ ☐ None

Handout: ☐ Obtained ☐ Mailed (Date): _____

Please check method of payment.

Payment is due with registration. (Payable to Health Central)

☐ Cash ☐ Check ☐ Money Order ☐ Credit Card

Cancellation Policy: I understand that I have paid for this course, and there is a 48-hour cancellation policy. If written and/or verbal notification is not received 48-hours prior to the class, the class fee will not be refunded.

Refund Policy: If you have cancelled the class according to the cancellation policy, you are eligible for a refund, if the class has a fee. It takes about three weeks for a refund to be processed. A refund check will be sent to the address provided at the time of registration.

Signature: _____

Date: _____

Confirmed/Received by HCU Dep _____



Health Central
Hospital

Health Central Nursing Scholarship Program

Health Central Hospital is pleased to offer Nursing Scholarship to qualified candidates. The program:

- Provides a two (2) year RN scholarship.
- Includes LPN/Paramedic to RN transition programs.
- Provides educational opportunities for non- nursing employee
- Guarantees a nursing position upon graduation.
- Supports quality/caring nursing candidates.

The program currently offers scholarships for Valencia, South Seminole, Lake Sumter, and UCF. Other nursing programs are considered but the scholarships grants will be based on standard State University fees.

Candidates must agree to work at Health Central as a Registered Nurse, for one (1) year or a fraction thereof for each school year or fraction thereof for which he/she received scholarship money. The program will pay for expenses related to:

- Tuition- generally not to exceed 2 years
- Supply fees
- FDLE check
- Liability Insurance
- Textbooks
- Uniforms
- Watch (3 hands), stethoscope, hemostat, scissors
- ERI testing package
- Student nurses association dues
- State Board exam fees and licensure
- Graduation application and pin

Application process:

- Complete a Nursing Scholarship application (applications may be obtained from Human Resources or Health Central University).
- Submit an official transcript of grades from current learning institution.
- Include a copy of the acceptance letter from the school you plan to attend.
- Include a current resume and at least 2 letters of recommendation.
- Submit all required items to: Judy Szuder, HR Coordinator/Benefits Health Central- 10,000 West Colonial Drive, Ocoee Florida, 34761.



**Health Central
Hospital**