

# David Portée, M.D. Daniela Anica, M.D. Rehabilitation Medicine

Rehabilitation Medicine 32 W. Gore Street, Suite 204, Orlando, FL 32806 Telephone 407-649-6151, Telefacsimile 407-843-6658

# NEW PATIENT HISTORY

Date:	
Name:	Date of Birth:
Age: Sex: □ M or □ F	Handedness: $\Box$ Left or $\Box$ Right
Who filled out this form:	
Who referred you to our clinic (full name) Name:	Who is your Primary Care physician (full name)? Name:
Address:	Address:
What is the main issue you want us to address?	Do not write on the right hand panel here or on subsequent pages.
PAST MEDICAL HISTORY: Medication Allergies:  No  Yes (list):	
List <b>all</b> your <b>current</b> medications; use another sheet if needed (dose & frequency):	
1.       5.         2.       6.         3.       7.         4.       8.	_
Medical Problems (check all that apply):ArthritisDiabetes MellitusCancers/TumorsStrokesTIAs (mini strokes)Stomach DisordersHypertensionHeart DiseaseInfectious DiseasesAnemiaLung DiseaseThyroid DiseaseSeizureHigh CholesterolTuberculosisGoutKidney DiseaseLiver	
Do you drink?       Yes       Stopped:       Never did         Do you smoke?       Yes       Stopped:       Never did	

Patient Name: \_\_\_\_\_

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# PAST SURGICAL HISTORY: (list dates, type)

1.	

# **PAST PSYCHIATRIC HISTORY:**

Which of these clinicians have you seen, if ever: □ N/A □ a psychiatrist, □ a psychologist, □ a counselor, □ a therapist?
Have you ever used medications for depression? $\Box$ Yes $\Box$ No
Have you ever used medications for anxiety? $\Box$ Yes $\Box$ No
Have you ever required medications for any other psychiatric condition? If "Yes," what condition?
Have you ever abused or misused prescription medications? $\Box$ Yes $\Box$ No
Have you ever had a drinking problem?
Have you ever used street drugs? □ Yes □ No
Have you ever participated in a drug or alcohol rehabilitation program? If "Yes," what type & when?
Have you ever been hospitalized for a psychiatric reason? If "Yes," when, where and why? □ Yes □ No
FAMILY HISTORY:
Please list all disorders/diseases that seem to run/occur in your " <b>blood</b> " relatives. Include relation to you.
1

\_\_\_\_\_

3. \_\_\_\_\_

# Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

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REVIEW OF SYSTEMS:	(Check all that apply to you)	1		
Chills or Fever	Poor Appetite			
	□ Recent weight change			
	Blood in bowel movements			
□ Vision problems	□ Bowel problems			
□ Wear Glasses	Urinary problems			
☐ Hearing Problems	Burning on urination			
	Difficulty starting urination			
□ Wears dentures	□ Difficulty stopping urination			
□ Difficulty swallowing	Every night to urinate			
□ Difficulty chewing				
Stomach Pain	☐ Hot or cold spells			
🗆 Nausea	□ Nervous exhaustion			
$\Box$ Vomiting	Trouble sleeping			
Frequent Loose Stools				
Constipation	□ Nervous tension			
□ Diarrhea	Stomach ulcer			
🗌 Gastritis	Other			
Have you fallen in the past mo <b>TB SCREEN</b> Have you or any member of your exposed to TB? Check the boxes if the answer (3 points) Cough no longer (5 points) Blood in sputum (2 points) Fevers or night sec (2 points) Recent unexplain (2 points) Recent exposure (2 points) History of TB, or a (2 points) Jail in the past tw (2 points) HIV positive (1 point) Homeless or livin	our household, been Yes No is yes. than 2 weeks weats weats ted weight loss of > 10lbs to TB active TB (even if on meds.) to years g in a shelter			
□ (1 point) Foreign born (Asia,	Eastern Europe, Latin America, Africa)			
Total Points: If five or more points, place a TB place in a private room. Use Airborne Precautions.	•			
Screening completed By:		_Title:	Date/Time:	

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Do you have a History of MRSA/VRE
(Methicillilna Resistant Staphylococcus Aureus /Vancomycin
Resistant Enterococcus)
Yes No
(Staff If yes, initiate MRSA/VRE Protocol)

# WOMEN'S ONLY:

□ Vaginal Discharges □ Irregular Periods □ Frequent Spotting

□ Take Birth Control Pills
Could Be Pregnant
Date of Last Period
□ Other

## **SOCIAL HISTORY:**

**Domestic Situation** What city do you live in? \_\_\_\_\_

You are: A Married Separated Divorced □ Widowed □ Single

How many children do you have? \_\_\_\_\_ List age(s): \_\_\_\_\_\_

Who currently lives with you? \_\_\_\_\_

You live in:	
□ An apartment	
$\Box$ A manufactured home: $\Box$ single wide	□ double wide
A house:	
How many floors:	
How many steps to enter:	
Your bed & bathroom are on which floor:	
Other	

Are there any substance abuse issues in your family or household?

If "Yes", who and what type of substance? □ Yes □ No



#### David Portée, M.D. Daniela Anica, M.D. **NEW PATIENT HISTORY**

#### ABUSE/DOMESTIC VIOLENCE:

Do you have a history of current or past physical or emotional abuse? 🗆 Yes 🛛 No History:

Is there a history of current domestic violence? □ Yes □ No

#### **EDUCATION & TRAINING:**

How far did you go in your education?

What other training have you had?

Any education barriers / preferences?

#### **EMPLOYMENT HISTORY:**

Are you currently emplo If "Yes," what is your job I Full time, hours per w Part time, hours per w Without restrictions With restrictions:	title/posit eek	ion?	
If "No," are you: □ Disa □ Retired, how long? □ Other			
Are you a homemaker?	□ Yes	🗆 No	
Are you a student?	□ Yes	🗆 No	

## **OTHER ACTIVITIES**

Please list the hobbies, sports, or other activities you currently participate in:

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

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HISTORY OF CURRENT COMPLAINT(S):			
What is the main reason for your referral?			
When did this condition start?			
Have you had a similar condition before? <ul> <li>No</li> <li>Yes, When:</li> </ul>			
Was onset: Slow or Rapid?			
What do you think caused your condition?			
If you were referred for other than a <i>pain problem,</i> GO directly to the page 8.			
PAIN SECTION:			
Your pain:       Comes and Goes       Is Constant         What make your pain feel better?         Sitting       Standing       Physical Therapy         Heat       Walking       Occupational Therapy         Rest       Laying down       Massage Therapy         Ice       Stretching         Medicine (which ones?)       Others			
What makes your pan feel worse?         Sitting       Standing       Physical Therapy         Lifting       Twisting       Occupational Therapy         Walking       Laying down       Massage Therapy         Coughing, sneezing, straining at stool       Others			



## Pain Scale

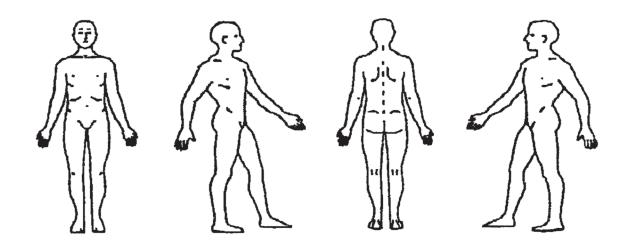
On the scales below, "0" represents no pain and "10" represents the most severe pain you can imagine.

Use an "**X**" to mark your most severe pain and an "**O**" to mark your next most severe pain, if you have another. Place a mark over the number that best describes your pain at its *least* during the last 30 days.



## Pain Diagram

On the diagram below, **shade** the area(s) where you feel pain. "**X**" the area that hurt the most and an "**O**" for the next most painful area, if you have one.





How severely has your present condition affected the following areas? (Place a "✓" in the appropriate box in *each* row or write "**NA**" if Not Applicable.)

	Severely Affected	Moderately Affected	Slightly Affected	Not Affected
Sleep				
Mood				
Walking				
Appetite				
Enjoyment of Life				
Ability to Concentrate				
Relations with Other People				
Normal Work Routine at Home				
Normal Work Routine on the Job				
Participation in Recreational or Exercises				

## How much assistance do you presently need with the following activities of daily living? (Place a " " " in the appropriate box in each row.)

	Total Assistance	Moderate Amount of Assistance	A Little Assistance	A Device is Needed	No Assistance
Getting out of a bed					
Getting up from or sitting down into a chair					
Upper body dressing					
Upper body bathing					
Lower body dressing					
Lower body bathing					
Hygiene after a bowel movement					
Walking					



## **EVALUATION AND TREATMENT SECTION**

Please list all of the **physicians** that have seen or treated you for your **current** condition. Include name, specialty, facility, and date they saw you.

Please list all **tests** done (for example MRIs, X-rays, blood work, etc.) for your **current** condition. Include name of test(s), result(s) (if known), and date(s) preformed.

Please list all **medications** you have used in the **past** for your **current** condition.

Please check below any **therapy** you have had for your **current** condition, indicating the start and completion dates.

PT
OT
Speech Therapy
Injections
Other: \_\_\_\_\_\_

Please check below any equipment / devices you have used for your **current** condition.

Cane(s)	Walker(s)	Wheelchair
TENS Unit	Braces	
Other:		

Please list all **hospitalization(s)** you may have had for your **current** condition. Include facility, service, and dates.



Please add any additional information that you want the doctor to be aware that you feel is important in your care.

Are you present involved in a lawsuit related to your current complaint(s)?  $\Box$  Yes  $\Box$  No If "Yes", please explain.

(Patient Signature)

Date: \_\_\_\_\_

(Print name)

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