2018 Orlando Health Sports Medicine Symposium Agenda*

SYMPOSIUM INFORMATION
Date: Saturday, June 16, 2018
Time: 7:00 am to 6:00 pm
Location: Embassy Suites by Hilton Orlando Downtown
191 E Pine St, Orlando, FL 32801

7:00 am – 7:25 am PRE-GAME

7:00 am – 7:15 am Pre-Game Meal & Drinks (Exhibitor Session)

7:15 am – 7:25 am Welcome
Daryl Osbahr, MD
Harrison Youmans, MD
Todd Furman, PT, ATC
Michael Jablonski, MD

7:30 am – 9:55 am FIRST HALF: COLLISION & CONTACT SPORTS - SESSION /KEYNOTE LECTURE

7:30 am – 8:00 am Topic 1: Anterior Shoulder Instability
Benjamin Service, MD

7:45 am – 8:00 am Rehabilitation Plan, Return to Play Criteria & Transition to Play
Juli Williams, PT

8:05 am – 8:35 am Topic 2: Adolescent ACL Injuries

8:05 am – 8:20 am Physician Evaluation & Treatment
Daryl Osbahr, MD

8:20 am – 8:35 am Rehabilitation Plan, Return to Play Criteria & Transition to Play
Todd Maurer, PT

8:40 am – 8:55 am Panel Discussion: First Half Topics 1 & 2
Moderator – Marisa Brunett, MS, LAT, ATC
Panel – B. Service, J. Williams, D. Osbahr, T. Maurer

8:55 am – 9:05 am Water Break: Drinks (Exhibitor Session)

9:05 am – 9:35 am Topic 3: Concussion Management

9:05 am – 9:20 am State-of-the-Art Blood Testing Technology
Linda Papa, MD

9:20 am – 9:35 am Rehabilitation Plan, Return to Play Criteria & Transition to Play
Marissa Conrad, PT

9:40 am – 9:55 am Panel Discussion: First Half Topic 3
Moderator – Elizabeth Davis, MD
Panel – M. Conrad, L. Papa, H. Youmans
10:00 am – 11:30 am HALFTIME

10:00 am – 10:45 am Halftime Speech (Keynote Lecture):

Any Given Monday – Life of a Sports Medicine Doctor
James Andrews, MD

10:45 am – 11:30 pm Lunch (Exhibitor Session)

11:30 am – 1:10 pm SECOND HALF: NON-CONTACT & OVERHEAD SPORTS

11:30 am – Noon Topic 4: Internal Impingement in the Thrower
11:30 am – 11:45 am Physician Evaluation & Treatment
Amit Varma, MD
11:45 am – Noon Rehabilitation Plan, Return to Play Criteria & Transition to Play
Mark Beckett, PT

12:05 pm – 12:35 pm Topic 5: Ulnar Collateral Ligament Injuries
12:05 pm – 12:20 pm Physician Evaluation & Treatment
Daryl Osbahr, MD
12:20 pm – 12:35 pm Rehabilitation Plan, Return to Play Criteria & Transition to Play
Nick Valencia, PT

12:40 pm – 12:55 pm Panel Discussion: Topics 4 & 5
Moderator – Derek Papp, MD

12:55 pm – 1:10 pm Water Break: Drinks (Exhibitor Session)

1:10 pm – 1:40 pm Topic 6: Hamstring Soft-Tissue Injuries
1:10 pm – 1:25 pm Physician Evaluation & Treatment
Harrison Youmans, MD
1:25 pm – 1:40 pm Rehabilitation Plan, Return to Play Criteria & Transition to Play
Patrick Tanner, MS, ATC, LAT

1:45 pm – 2:00 pm Panel Discussion: Topic 6
Moderator – Sue Stanley-Green, MS, ATC, LAT
Panel – H. Youmans, P. Tanner, B. Thomas, T. Furman

2:05 pm – 4:50 pm PENALTY KICKS: EMERGING TOPICS

2:05 pm – 2:35 pm Emerging Topic 1: ACL Rehab Principles
2:05 pm – 2:20 pm Point: Lee Spilman, DPT
2:20 pm – 2:35 pm Counterpoint: Todd Furman, DPT

2:40 pm – 3:10 pm Emerging Topic 2: Elite Athlete Wellness – More Bang for My Buck...

2:40 pm – 2:55 pm Point: Performance & Prevention Strengthens the Beast
Dan Schuck
2:55 pm – 3:10 pm Counterpoint: Nutrition Feeds the Beast  
Rikki Keen, RD

3:15 pm – 3:30 pm Panel Discussion: Emerging Topics 1 & 2  
Moderator – Jeremy Stewart, MPT  
Panel – L. Spilman, T. Furman, D. Schuck, R. Keen

3:30 pm – 3:45 pm Water Break: Drinks, Snacks (Exhibitor Session)

3:45 pm – 4:15 pm Emerging Topic 3: Slap Tear: To Fix or Not to Fix

3:45 pm – 4:00 pm Point: Always Fix  
Sean McFadden, MD

4:00 pm – 4:15 pm Counterpoint: Never Fix  
Michael Jablonski, MD

4:20 pm – 4:50 pm Emerging Topic 4: Regenerative Therapies

4:20 pm – 4:35 pm Point: The Next Frontier  
Bruce Thomas, MD

4:35 pm – 4:50 pm Counterpoint: No data, Don’t Waste the Money  
Harrison Youmans, MD

4:55 pm – 5:10 pm Panel Discussion: Emerging Topics 3 & 4  
Moderator – Kevin Nowicki, MD  
Panel – S. McFadden, M. Jablonski, B. Thomas, H. Youmans

5:15 pm – 5:45 pm Post-Game Interview Panel  
Daryl Osbahr, MD  
Harrison Youmans, MD  
Todd Furman, PT, ATC  
Michael Jablonski, MD

5:45 pm – 6:00 pm Surveys & Adjournment