

Class of 2020



Innocent Akujuobi, MD

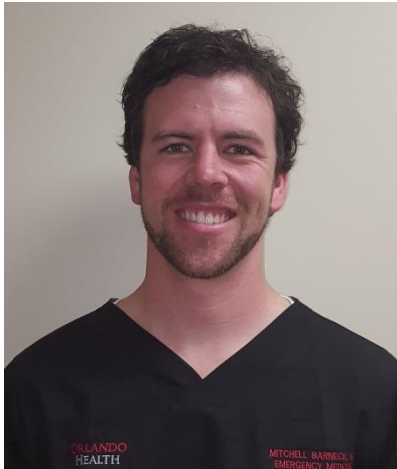
Medical School: Howard University

Academic Interests: Administration

What brought you to Orlando Health? The amazing energy from the Orlando Health Emergency Medicines faculty and residents was by far what attracted me to this great program. My primary goal was to find a program that I would feel comfortable growing as a doctor and Orlando Health was the perfect model for me!

Hometown: St. Louis, MO

Hobbies and interests: Mentorship, leadership, body building, playing basketball, hosting events.



Mitch Barneck, MD

Medical School: Oregon Health and Sciences University

Academic Interests: Ultrasound, EMS

What brought you to Orlando Health? The people are fantastic. The residents are the happiest. The faculty are supportive. Excellent training and a hard working program.

Hometown: Tyler, TX

Hobbies and interests: Traveling, hiking, camping, running, food.



Laura Cook, MD

Medical School: University of South Carolina

Academic interests: Teaching, sports medicine

What brought you to Orlando Health? I rotated at Orlando Health in my 4th year, and during that month, I felt at home! I was looking for a residency that would not only prepare me academically but would sharpen my clinical skills and make me a confident and competent physician. I felt that Orlando was the perfect combination of academic and clinical training, and the residents seemed top notch. It was also important to me to find a family in my colleagues, and that's exactly what we have here. I couldn't be happier to spend my next 3 years here at Orlando!

Hometown: Greenville, SC

Hobbies and interests: Spending time with my husband and puppy, swim, bike, run, water sports, movies, Game of Thrones, Disney.

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Brian Guetschow, MD



Medical School: University of Iowa

Academic interests: EMS, Administration

What brought me to Orlando Health: ORMC's EM program is a hidden gem. The people of ORMC are what sold me on this program. This truly is a family; the camaraderie amongst the residents, faculty, and nursing is amazing. The residents here were the happiest I've seen and they are routinely doing fun outdoor activities together at the beach, Disney, or downtown Orlando. The patient population, peds & trauma exposure, community/county/academic tri-brid model, engaging didactics, outstanding teaching faculty, the focus on resident wellness, and the amazing free food are also highlights of this program. This is a very family friendly program and there are endless activities available in Orlando, which is great for my wife and kids. I'd never been to this program prior to interview day and would recommend anyone remotely considering ORMC to come down for a visit.

Hometown: Sloan, Iowa

Hobbies and interests: Family, minor construction projects in the garage, stand-up paddleboarding, snowboarding, cycling, Ironman triathlons, swimming, running, playing flag football, traveling to new places for adventures with family and friends.

George Gulenay, MD



Medical School: University of Central Florida

Academic Interests: Ultrasound, EMS

What brought you to Orlando Health? : The people were a huge factor in my desire to come here. The camaraderie between everyone was very apparent and I knew I wanted to be a part of the family. Plus the training here is second to none with a great balance of community, county, and academics. Finally, Orlando is home and I couldn't think of a better city to do my training!

Hometown: Cologne, Germany

Hobbies and interests: Soccer, basketball, and football. Enjoys watching and playing. Goes to the gym, played on several intramural sports teams, Likes to explore local restaurants and trying bold dishes with family and friends, especially spicy foods. Enjoys movies and documentaries about 20th century history.

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Johnathan Kennedy, MD



Medical School: University of Miami

Academic Interests: Critical Care, Ultrasound

What brought you to Orlando Health? Outstanding reputation with strong trauma, critical care and peds experience. More importantly, the family atmosphere with supportive faculty and by far the happiest residents I had met on the trail. All of this on a gorgeous campus in a fun, young and beautiful city, central to all that Florida has to offer. Overall, that undeniable warm, fuzzy feeling on interview day when I knew I didn't want to be anywhere else.

Hometown: Coral Springs, FL

Hobbies and interests: Loves listening to music, weight lifting, reading, drumming, fishing, hiking, kayaking, and salsa dancing.

Kirsten Kepple, MD



Medical School: Medical College of Georgia

Academic interests: International and Disaster Medicine/EMS

What brought you to Orlando Health? I did an away rotation at Orlando Health as a fourth year medical student and I loved that the faculty, residents, nursing staff, and office staff were truly a family. This supportive network is unmatched, and was of paramount importance to me. Fortunately for me, the training at Orlando Health was also among the best in the nation, allowed me to be near family, year round warm weather, and was only a short drive to the beach.

Hometown: Fayetteville, GA

Hobbies and interests: Flying trapeze, aerial silks, and travel.

Joshua Koplun, MD



Medical School: University of Alabama

Academic interests: Community ED, international mission trips

What brought you to Orlando Health? The reason why I chose Orlando Health Emergency Medicine program is because of the people that make up this residency. Everyone here enjoys being around each other and we are always getting together for various social events or sporting events. I was sold the minute I found out about the sports day groupme in which we play football, volleyball, spikeball, etc. every 1-2 weeks. This was all very important to me because I came from Alabama and knew basically no one within a two hour radius. But since arriving to this residency everybody has been so welcoming to both me and my wife.

Hometown: Birmingham, AL

Hobbies and interests: Hiking to state parks, running in 5k's and the Birmingham Mercedes half-marathon, road biking, weight lifting, bass fishing, golfing, tennis, college football games, traveling internationally and various road trips.

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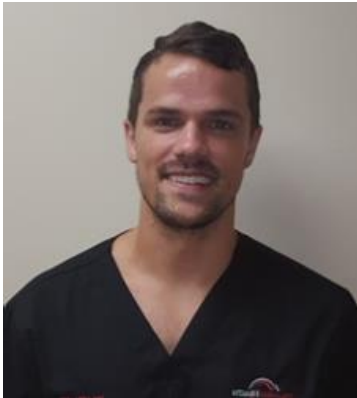
Stacey Lemmon, MD

Medical School: University of Florida

Academic interests: Community medicine, public health

Hometown: Buffalo, NY

Hobbies and interests: Community involvement/health equity. Hiking/backpacking, surfing, snowboarding, biking, swimming, running, travel, yoga and gardening..



Ian Little, MD

Medical School: University of Tennessee

Academic interests: Wilderness medicine

What brought you to Orlando Health? The family atmosphere that is apparent from the moment you meet any of the staff, residents, and faculty.

Hometown: Knoxville, TN

Hobbies and interests: Loves listening to music, weight lifting, reading, drumming, fishing, hiking, kayaking, and salsa dancing.



Virginia Owens, DO

Medical School: Arizona College of Osteopathic Medicine

Academic interests: Critical care medicine and public health

What brought you to Orlando Health? The supportive people (residents, attendings) and positive atmosphere. The perfect mix of county and community emergency medicine.

Hometown: Rochester, NY

Hobbies and interests: Hosting game nights for friends (board games, card games, trivia). Swimming, boating, sailing. Spending time outdoors running or hiking.

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Katie Pearson, MD



Medical School: University of Texas, San Antonio

Academic interests: International medicine

What brought you to Orlando Health? What brought me to Orlando Health: Within days of my away rotation with Orlando Health, ORMC felt like home and I knew this was where I wanted to spend the next 3 years. There is a warmth about this place, and I don't just mean the temperature! Everyone is incredibly friendly and welcoming, and the nurses, residents, and attendings genuinely care for each other. A hurricane came through during my rotation, and I was impressed by the way the attendings and residents supported each other. Those who lived close to the hospital offered to cover shifts for people who lived further out in order to keep everyone safe. I will never forget the text messages I received from our beloved Sal throughout the storm—even with everything else on his plate, he was worried about the safety of the rotating students. These people have servants hearts, and they are incredibly capable to boot! I knew I would get the best training possible here at Orlando Health, and that the diverse patient population would prepare me for any setting I choose to practice in. The fact that my dream residency was in beautiful, sunshine-y Orlando and close to so many beaches made the decision that much easier for me. This residency is truly special, and I am grateful to be a part of this big family that looks out for each other, loves each other, and learns from each other every day. These people keep me constantly laughing and smiling every day that I show up to work—I couldn't ask for anything more in a residency family!

Hometown: Meridian, MS

Hobbies and interests: Travel, fishing, tennis, scuba diving, yoga.

Caitlin Premuroso, MD



Medical School: Florida State University

Academic interests: Ultrasound, prehospital medicine

What brought you to Orlando Health? Orlando Health provides high acuity and volumes of patients, along with faculty that will ensure I'm adequately prepared to care for patients when I graduate. We are ultimately a family, and that's what attracted me most to this program.

Hometown: Jacksonville, FL

Hobbies and interests: Outdoor activities such as going to the beach, kayaking, hiking, running 5k races, exploring local parks with her dog; playing guitar, spending time with family.

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Monty Putman, MD

Medical School: University of Louisville

Academic interests: Disaster relief

Hometown: East Texas

Hobbies and interests: Hiking, running marathons, travel, camping, scuba diving, global health, disaster relief.

Anne Shaughnessy, MD

Medical School: University of Florida

Academic interests: Ultrasound, resident education.

What brought you to Orlando Health? After rotating at ORMC as a med student, it was apparent this was a program with a genuine family atmosphere that would support me throughout my residency training. Attendings are engaged and invested in teaching residents. The residents are outgoing, supportive of each other, and passionate about EM education. This program fulfilled my “must haves” in a residency including level 1 trauma center, excellent pediatric ER training, ability to work with an underserved population, exposure to community practice, emphasis on ultrasound, and superior clinical training. This mix of family atmosphere and diverse ER pathology all in the awesome city of Orlando made ORMC the perfect choice for me!

Hometown: Jacksonville, FL

Hobbies and interests: Walking trails; gong to dog parks with my pointer, and spin class.



Margaret Story, MD

Medical School: Medical College of Georgia

Academic interests: EMS, administration

What brought you to Orlando Health? I rotated at Orlando Health and knew within a week that I would call Orlando home come match day. From the program director to the nurses, I felt incredibly welcomed in a friendly environment that fostered learning and encouraged me to push myself. As an intern I find my attendings consistently pushing me out of my comfort zone and maintaining a heavy volume of patients without sacrificing bedside teaching. Most importantly, I found my Florida family on day one – everyone involved in this program keeps me accountable and demonstrates that it’s not enough to be a good physician, you have to be a good person.

Hometown: Athens, GA

Hobbies and interests: I enjoy supporting restaurants and shops by purchasing locally and trying new foods. Also, I grew up attending SEC football games in Athens, BA, and still enjoy returning home for games with my family. I enjoy relearning old high school piano pieces and painting recreations of my favorite local artists work. Reading novel series, playing casual tennis, oyster roasts, lighthouse climbs, sibling frisbee contests and late-night card games on Tybee Island.

