



Burn Prevention: Smoking and Home Fire Safety

The place where we feel the safest – at home – is where most smoking-materials structure fires, deaths and injuries occur. Smoking materials are the leading cause of fire deaths. Smoking material fires are preventable by following a few key safety tips.

Fact!

- The risk of dying in a home structure fire caused by smoking materials rises with age.
- One out of 4 fatal victims of smoking-material fires are not the smoker whose cigarette started the fire.

Source: [nfpa.org/education](https://www.nfpa.org/education)

For health and safety reasons, Orlando Health does **NOT** support **ANY** form of smoking or vaping.

Smoking Safety

- If you smoke, use only fire-safe cigarettes.
- If you smoke, smoke outside. Most deaths result from fires that start in living rooms, family rooms, dens or bedrooms.
- Keep cigarettes, lighters, matches and other smoking materials up high, out of the reach of children, in a cabinet.

Put It Out

- Use a deep, sturdy ashtray. Place it away from anything that can burn.
- Do not discard cigarettes in vegetation such as mulch, potted plants or landscaping, peat moss, dried grass, leaves or other things that could ignite easily.
- Before you throw away butts and ashes, make sure they are out. Dousing in water or sand is the best way to do that.

Smoking and Medical Oxygen

Never smoke or allow anyone to smoke where medical oxygen is used. Medical oxygen can cause materials to ignite more easily and make fires burn at a faster rate than normal. It can make an existing fire burn faster and hotter.

Electronic Cigarettes

Fires have occurred while e-cigarettes were being used, the battery was being charged or the device was being transported. Battery failures have led to small explosions. Never leave charging e-cigarettes unattended. E-cigarettes should be used with caution.

To learn more, visit
[OrlandoHealth.com/WardenBurnCenter](https://www.OrlandoHealth.com/WardenBurnCenter)

Orlando Health Warden Burn Center located at
Orlando Health Orlando Regional Medical Center

ORLANDO
HEALTH[®]

Warden
Burn Center