

Burn Prevention: Thanksgiving Safety

The kitchen is the heart of the home, especially at Thanksgiving. And kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and there are a lot of people at home.

Safety Tips

- Stay in the kitchen when you are cooking on the stovetop, so you can keep an eye on the food.
- Stay in the home when cooking your turkey and check on it frequently.
- Keep children away from the stove. The stove will be hot, and kids should stay 3 feet away.
- Make sure kids stay away from hot foods and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep the floor clear so you don't trip over kids, toys, shoes or bags.
- Keep knives out of the reach of children.
- Be sure electrical cords from an electric knife, coffee maker, place warmer or mixer are not dangling off the counter within easy reach of a child.
- Keep matches and utility lighters out of the reach of children up high in a cabinet.
- O Never leave children alone in a room with a lit candle.
- Make sure your smoke alarms are working. Test them by pushing the test button.

Did You Know?

Thanksgiving is the leading day of the year for home fires involving cooking equipment. Have activities that keep kids out of the kitchen during this busy time. Games, puzzles or books can keep them busy. Kids can get involved in Thanksgiving preparations with recipes that can be done outside of the kitchen.

Source: nfpa.org/education



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OrlandoHealth.com/WardenBurnCenter

Orlando Health Warden Burn Center located at Orlando Health Orlando Regional Medical Center