

At Orlando Health, the health and safety of our patients are top priorities. To protect you and others, all patients will be tested for COVID-19 prior to having a surgery or procedure. Testing is in the best interest of our patients and reduces your risk for complications after surgery.

Before and after your surgery, please follow these guidelines to keep you safe while returning to work, school or public areas.



STAY HOME when possible If you must return to work, school or public areas, use caution. **Avoid public transportation, ride-sharing or taxis.**



Wear a FACE MASK You should wear a face mask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter any public space, like your workplace or your healthcare provider's office.

If you are not able to wear a face mask (for example, because it causes trouble breathing), then people who work or live with you should not stay in the same room with you, or they should wear a face mask if they enter your room.



CLEAN your hands often Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing or sneezing; going to the bathroom; and before eating or preparing food. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.



Soap and water are the best option if hands are visibly dirty. Avoid touching your eyes, nose and mouth with unwashed hands.



AVOID SHARING personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels or bedding with other people or pets in your home. **Before and after using these items, wash them thoroughly with soap and water.**



CLEAN all "high-touch" surfaces every day

High-touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, car door handles, steering wheels, keyboards, tablets and bedside tables.

Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product, including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.