

Risk Coding Tips and Tools Parkinson's Disease – Expanded ICD-10 Codes

With the introduction of the new ICD-10-PCS model (V28), some diagnosis codes have been deleted, revised, or expanded. Parkinson's Disease, formerly ICD-10 code G20, has expanded into five new codes to provide more clinical specificity.

Parkinson's Disease codes effective for patient encounters on or after October 1st, 2023:

- G20.A1 (Parkinson's disease without dyskinesia, without mention of fluctuations)
- G20.A2 (Parkinson's disease without dyskinesia, with fluctuations)
- G20.B1 (Parkinson's disease with dyskinesia, without mention of fluctuations)
- G20.B2 (Parkinson's disease with dyskinesia, with fluctuations)
- G20.C (Parkinsonism, unspecified)

Definitions Relevant to Specificity:

- Motor fluctuations are alterations between periods marked by a positive response to medication ("on"), and periods marked by reemergence of parkinsonian symptoms ("off")
- Dyskinesia consists of various types of abnormal involuntary movements, most often choreiform, which are brought on by levodopa or other dopaminergic agents

Physician Documentation Example

Example 1

1: **Diagnosis:** Parkinson's Disease with Dyskinesia without mention of fluctuations.

2: **Status:** Uncontrolled straightening movement of right arm noted on physical exam. Reported worsening dyskinesia with medication use.

3: **Plan:** Change current prescription of 2 tablets Carbidopa 25mg/Levodopa 100mg BID to new prescription for 1 tablet Carbidopa 25/Levodopa 100 q6h.

Example 2

1: **Diagnosis:** Parkinson's Disease without Dyskinesia with mention of fluctuations.

2: **Status:** Patient having tremors in hands with concentration, while using utensils. No consistent tremor.

3: **Plan:** Continue to monitor symptoms. Patient wants to hold off on medications currently due to low symptom burden and desire to avoid any adverse effects of medications.

Schrag, A. & Quinn, N. (2000). *Dyskinesias and motor fluctuations in Parkinson's disease: A community-based study.* Brain, Volume 123, Issue 11. <https://academic.oup.com/brain/article/123/11/2297/256050>

World Health Organization. (2023). *Parkinson disease.* WHO.org. <https://www.who.int/news-room/fact-sheets/detail/parkinson-disease>

You can find this resource and others like it in the OHN Risk Coding Corner at www.OrlandoHealth.com/Network/Resources.

You can also contact us at RiskCoding@OrlandoHealth.com for additional questions or support needs.