

Risk Coding Tips and Tools

Major Depressive Disorder

According to the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), major depressive disorder (MDD) is diagnosed by the presence of all five or more of the following cardinal symptoms:

- Depressed mood or loss of interest or pleasure in activities during the same two-week period representing a change from baseline function
- No history of mania or hypomania
- Symptoms that cause significant distress or impairment
- Symptoms that are not attributable to the effects of substance abuse
- A psychosis like schizophrenia or an underlying medical condition

A single episode is simply the first occurrence of MDD symptoms; all subsequent episodes are considered recurrent (vast majority of cases).

MDD is further classified by:

- Episode
 - Single
 - Recurrent
- Severity
 - Mild
 - Moderate
 - Severe
 - With psychotic features
- State of remission
 - Partial
 - Full
 - Not in remission

Reference: <https://www.mayoclinic.org-depression>

You can also contact us at RiskCoding@OrlandoHealth.com for additional questions or support needs.

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Manic Episodes

Manic episodes	ICD-10 Codes
Manic episode, unspecified	F30.9
Manic episode without psychotic symptoms	F30.10 - F30.13
Manic episode, severe with psychotic symptoms	F30.2
Manic episode, in partial/full remission	F30.3, F30.4
Manic episode, unspecified	F30.9

Bipolar Disorder

Bipolar disorder	ICD-10 Codes
Bipolar disorder	F31.10 - F31.13

Major Depressive Disorder

Major depressive disorder	ICD-10 Codes
Major depressive disorder, single episode	F32.0 - F32.5
Major depressive disorder, recurrent	F33.0 - F33.3
Persistent mood affective disorder	F34.0, F34.1
Unspecified mood affective disorder	F39

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Physician Documentation Examples

Physician Documentation Examples	ICD-10 Codes
65-year-old female with Major depressive disorder, recurrent, severe without psychotic symptoms on Duloxetine. Will continue to monitor and follow up in one month	F32.2
20-year-old male with Major depressive disorder, recurrent, in partial remission currently on Cymbalta. Patient reports his moods have improved and overall, he is doing better	F33.41



Documentation Tip:

Avoid unspecified terms and codes such as Depression, unspecified, F32.9. Instead, include the episode, severity and/or the status of the current episode.

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