

Documentation Support with M.E.A.T.

M.E.A.T.

This is an acronym for Monitoring, Evaluating, Assessing and Treatment.

- Documentation must support the presence of the disease/condition and include the clinical provider's assessment and/or plan for management of the disease/condition.
- A condition without sufficiently documented support is **not compliant with Medicare Risk Guidelines**.
- The HCC condition/diagnosis requires submission at least once per year but may be documented as often as it is affecting the patient.

M Monitoring for signs/symptoms and disease regression/progression

E Evaluating tests, response to treatment, medication efficacy or lack of medications

A Assessing conditions via discussions, counseling or ordering of tests

T Treating the condition with medications, referral to specialist(s) or ordering of therapies and/or imaging

Please note that documentation does not have to be lengthy if it covers all elements of M.E.A.T. as seen in the documentation examples below.

Physician Documentation Examples

Example 1:

Assessment/Plan: COPD - Renewing Albuterol. Patient has appointment with his pulmonologist.

Example 2:

Assessment/Plan: Atherosclerosis of Aorta - Found on CT 5-28-2018. Will watch diet and stay on Lipitor.

You can find this resource and others like it at the Orlando Health Network Risk Coding Corner on our website at OrlandoHealth.com/Network/Resources.