

The Orlando Health Weight Loss and Bariatric Surgery Institute provides a comprehensive program for long-term weight loss. Our highly trained team of surgeons, dietitians and bariatric surgery coordinators, offer the care you need to help you reach your weight-loss goals.

At the Orlando Health Weight Loss and Bariatric Surgery Institute, we understand the challenges that come with living with obesity, impacting every aspect of your physical and mental health and well-being. You don't have to do this alone; we are here for you. With effective treatment options, advanced techniques and ongoing support, our comprehensive weight loss program offers lifelong results.

Our board-certified surgeons are the most experienced in the state of Florida, performing minimally invasive procedures both endoscopically and robotically.

Our doctors also specialize in the revision and conversion of previous weight-loss surgeries if your bariatric surgery did not achieve lasting weight loss or led to complications.

If you meet the following criteria, you should consider bariatric surgery.

- You are 14 years or older
- You have a BMI greater than 35*
- You have type 2 diabetes with a BMI greater than 35
- You have a BMI of 30 – 34.9 and cannot achieve substantial or durable weight loss or improvement using nonsurgical methods.*

*Procedures for lower BMIs subject to insurance guidelines.

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At 524 pounds, with lymphedema in both of my legs, I really couldn't do much of anything. But now I enjoy my grandbabies.

–Tammy
Bariatric Patient

You're going to feel better about yourself. When you're not tired all the time and you're not hurting, your life is going to change.

–Griselle
Bariatric Patient

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To learn more, visit
OrlandoHealth.com/Bariatrics

ORLANDO HEALTH | Weight Loss & Bariatric Surgery Institute

Proven Weight Loss



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By performing endoscopic and robotic surgeries, our team of surgeons will offer you the best solution to meet your weight-loss needs.

Endoscopic Procedures

Endoscopic examinations of the upper part of your digestive system – the esophagus, stomach and beginning of the small intestine – can reveal ulcers, hiatal hernias and gastroesophageal reflux disease, also known as GERD.

Narrow-band imaging, a technology for endoscopes, uses special light to better detect precancerous conditions, such as Barrett's esophagus. Improved visibility allows gastroenterologists to decide on the best treatment.

Intragastric Balloon

In a nonsurgical procedure typically done under a mild sedative, a thin and deflated intragastric balloon is placed into your stomach.

At six months, the balloon is removed in the same way it was placed. Through a nonsurgical procedure done under a mild sedative, it is deflated and then removed.

Endoscopic Gastric Plication

The endoscopic gastric plication is performed so that no part of the abdomen is cut to access the stomach. Instead, a flexible tube, known as an endoscope, is passed through the mouth down the esophagus and into the stomach.

During the procedure, the endoscopist – usually a bariatric surgeon – will stitch the stomach together. This smaller functional stomach holds less food, which means you feel full faster, absorb fewer calories and lose weight over time. The new shape of your functional stomach also helps it empty into the intestines more slowly, and this helps you feel fuller longer.

TIF Procedure

Transoral Incisionless Fundoplication (TIF) is a minimally invasive procedure that corrects the faulty valve between your stomach and esophagus. It creates a fundoplication, which means a folding of the fundus – the tissue found at the top of your stomach. When that folded tissue is reinforced by your gastroenterologist, it essentially builds a new barrier that prevents acid from escaping the stomach and moving into the esophagus.

As an endoscopic procedure, it requires no incisions. During the procedure, the surgeon will insert a special tissue-molding device through your mouth and into your esophagus. Then an endoscope will be inserted into your esophagus and through the TIF device. This allows the surgeon to guide the TIF device to the place where your stomach and esophagus meet.

Robotic Procedures

The board-certified bariatric surgeons at Orlando Health are among the most experienced in the state. Our bariatric center is also recognized as an epicenter for robotic surgery, with doctors coming from across the country to receive training.

Sleeve gastrectomy and gastric bypass surgeries can be performed with robotic-assisted surgery. The term "robotic" often misleads people. Robots don't perform surgery; surgeons perform surgery by using instruments they guide via a console.

The robotic system translates the surgeon's hand movements at the console in real time, bending and rotating the instruments while performing the procedure. The instruments move like a human hand, but with a greater range of motion.

Traditional Duodenal Switch or Single Anastomosis Duodenal-ileal Bypass with Sleeve (SADI-S)

The duodenal switch starts by creating a sleeve gastrectomy. This entails removing about 80 percent of your stomach. After that, part of your small bowel is bypassed. This means that some portion of the food you eat would not be absorbed. The surgeon will discuss which variation of the procedure is better for you.

The duodenal switch procedure is done in the hospital or surgery center under general anesthesia. Our surgeons perform this surgery robotically and laparoscopically. This means that your pain will be minimized and recovery time shortened.

Roux-en-Y Gastric Bypass

Roux-en-Y gastric bypass surgery is one of the most common and successful weight-loss procedures in the United States. Our surgeons create a small stomach pouch that is attached to the small intestine, bypassing the lower stomach and reducing calorie and nutrient absorption.

Sleeve Gastropasty

Using an endoscopic stitching device, endoscopic sleeve gastropasty reduces the stomach's size and volume by approximately 70 percent. When your stomach holds less volume, you feel full with less food, you absorb fewer calories and you lose weight over time. The procedure also shortens and re-shapes the stomach and helps it empty into the intestines slower, helping you feel fuller longer.



Revision and Conversion Procedures

Our doctors specialize in the revision and conversion of previous weight-loss surgeries. They may recommend a revision or conversion if your bariatric surgery did not achieve lasting weight loss, or it led to complications. Some of the most common revision and conversion procedures our physicians perform are due to:

- Weight gain after gastric bypass
- Failed stomach stapling procedure
- Failed sleeve gastrectomy

Free Virtual Information Session

Attend one of our complimentary information sessions and virtually meet one of our experienced weight-loss surgeons. They will discuss insurance coverage, procedures offered, benefits, lifestyle recommendations and answer any questions you may have. Learn more at: OrlandoHealth.com/Bariatrics.

Learn More on Facebook

Read blogs, watch videos from our physicians and get other helpful tips at Facebook.com/OHBariatrics.